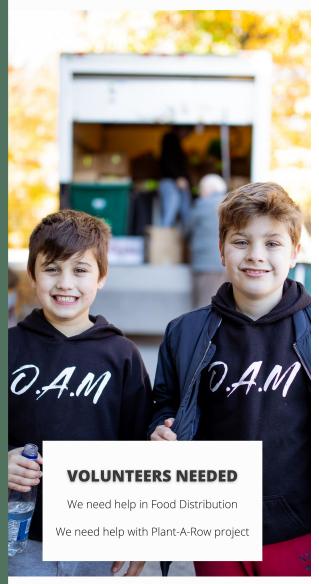
## THE PULSE

Open Arms Mission Gather, Sort & Send

As a child, I remember going over to my friend's home during the summer. One day we were playing games and after some time we both began to get hungry. We went inside and began to rummage through his fridge and cupboards to find a snack. I remember realizing they did not have a lot of food.

My friend's mom came in as we were eating some fruit cups and began to chat with us. She was so kind and loving. She eventually shared that the food she had bought was for their family. It was larger than mine and each item was needed for a specific meal. They did not have enough to spare for a snack or to feed a friend. She encouraged me to eat at my house since they did not have enough to feed me.

This memory has stayed with me all my life. They did not have enough food. Around 30% of all those who receive food from the Mission are under 18, children like my friend. There are most likely children in your own neighbourhood like my childhood friend. If you would like to help, items like fruit cups, granola bars, and juice are great ones to donate. I also want to thank those who continue to support OAM. Your prayers, financial gifts, and service as a volunteer truly help children get the nourishment they need....





## Plant-a-Row Update

We give thanks to all those who helped in planting! We now need help in harvesting. The vegetables that we are harvesting here will be going to those who are in need. 30% of those that use our Food Bank are children. If you are interested in helping please contact our Manager of Volunteers, Joyce Penner at joycep.oam@gmail.com she will schedule a time for you to come out, help answer any questions that you have, and provide you with the direction that you need. We really need your help.

We are excited to see what God has done and how He has carried us through. Thank you for your support. your prayer, time, and financial donations. You provide hope too many struggling during these uncertain times.

0.4.11

Food Bank stats at a glance

1600

Children

have been served this year

843
Homes

recieved food from the Food Bank in July

256

Children

were served in July